

# Agent-based modelling applied to nitrogen and phosphorus assessment in agroecosystems: A case study of a Uruguayan dairy farm

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#### Abstract

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Ignacio Sommer isommergiambruno@gmail.com In Uruguay, dairy production is essential for the country and is under scrutiny due to the environmental impacts it can cause. Impacts are primarily the result of inefficient management practices which lead to an excessive use of nutrients ---mainly nitrogen (N) and phosphorus (P)— and their surplus flow into the environment, affecting soil, groundwater, and rivers. In this context, this paper explains research that has generated new knowledge for Uruguay's dairy sector to achieve more sustainable production by understanding which farm management practices maximize nutrient efficiency while reducing environmental damage. The research used a multi-methodology approach for the case study of a typical Uruguayan dairy farm by applying the Nutrient Budget Method and developing an Agent-Based Model (ABM) called Nitrogen Phosphorus Management (NPM). Nutrient budgeting is a valuable and straightforward method for analyzing farm data and evaluating all the nutrient inputs and outputs. However, it has some visual and research limitations that can be complemented with suitable agent-based modeling. The ABM modeling approach enables the analysis of the model's agents in space and time, capturing the agroecosystem's heterogeneity. Through their combined application, the research results demonstrate that, along with the use of correct management practices, it is possible to improve nutrient efficiency, and, in this way, dairy production systems can be less dependent on external nutrient inputs. The main findings indicate that nitrogen biological fixation, pastoral diets, cow stocking rates, and phosphorus accumulation in soils are key management variables that affect nutrient efficiency and environmental impacts.

Keywords: ABM, dairy farm, ecological modeling, nutrient budget, nutrient efficiency

# Modelado basado en agentes aplicado a la evaluación de nitrógeno y fósforo en agroecosistemas: Un estudio de caso de un predio lechero uruguayo

#### Resumen

La producción lechera en Uruguay es fundamental y está bajo escrutinio debido a los impactos ambientales que puede causar. Dichos impactos son principalmente el resultado de prácticas de manejo ineficientes que conducen al uso excesivo de nutrientes cuyo excedente fluye hacia el medio ambiente, afectando el suelo, las aguas subterráneas y los ríos. En este contexto, este artículo explica una investigación que ha generado nuevos conocimientos para que el sector



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lechero de Uruguay logre una producción más sostenible mediante la comprensión de qué prácticas agropecuarias maximizan la eficiencia de los nutrientes a la vez que reducen los impactos ambientales. La investigación utilizó un enfoque multimetodológico en el caso de un predio lechero típico de Uruguay, aplicando el Método de Presupuesto de Nutrientes y desarrollando un Modelo Basado en Agentes (ABM) llamado Manejo de Nitrógeno y Fósforo (NPM). El balance de nutrientes es un método valioso y sencillo para analizar datos y evaluar las entradas y las salidas de nutrientes. Aunque tiene limitaciones visuales y de análisis, esto puede complementarse con un modelado adecuado basado en agentes, que permite analizar los agentes del modelo en tiempo y espacio, capturando la heterogeneidad del agroecosistema. Los resultados de la investigación muestran que el uso de prácticas correctas mejora la eficiencia de los nutrientes, reduciendo la dependencia de insumos externos. Los principales hallazgos indican que la fijación biológica de nitrógeno, las dietas pastoriles, la carga animal y la acumulación de fósforo en el suelo son variables clave que afectan la eficiencia y los impactos ambientales.

Palabras clave: ABM, predio lechero, modelado ecológico, balance de nutrientes, eficiencia de nutrientes

# Modelagem baseada em agentes aplicada à avaliação de nitrogênio e fósforo em agroecossistemas: Um estudo de caso de uma fazenda leiteira uruguaia

#### Resumo

A produção de laticínios no Uruguai é essencial e está sob escrutínio devido aos impactos ambientais que pode causar. Os impactos resultam principalmente de práticas de gestão ineficientes, que levam ao uso excessivo de nutrientes, cujo excedente escoa para o meio ambiente, afetando o solo, as águas subterrâneas e os rios. Neste contexto, este artigo explica pesquisas que geraram novos conhecimentos para o setor lácteo do Uruguai alcançar uma produção mais sustentável, ao compreender quais práticas agrícolas maximizam a eficiência dos nutrientes e, ao mesmo tempo, reduzem os impactos ambientais. A pesquisa utilizou uma abordagem multimetodológica no caso de uma típica fazenda leiteira no Uruguai, aplicando o Método de Orçamento de Nutrientes e desenvolvendo um Modelo Baseado em Agentes (ABM) denominado Gestão de Nitrogênio e Fósforo (NPM). O balanço de nutrientes é um método valioso e simples para analisar dados e avaliar entradas e saídas de nutrientes, embora tenha limitações visuais e analíticas, que podem ser complementadas com modelagem adequada baseada em agentes, que permite analisar os agentes do modelo no tempo e no espaço, capturando a heterogeneidade do agroecossistema. Os resultados da pesquisa mostram que a utilização de práticas corretas melhora a eficiência nutricional, reduzindo a dependência de insumos externos. As principais conclusões indicam que a fixação biológica de azoto, as dietas pastoris, a taxa de lotação e a acumulação de fósforo no solo são variáveis-chave que afetam a eficiência e os impactos ambientais.

Palavras-chave: ABM, fazenda leiteira, modelagem ecológica, balanço de nutrientes, eficiência de nutrientes

## 1. Introduction

A significant volume of international research has been published related to agriculture impacts on natural resources, particularly water systems and biodiversity, in current circumstances as well as in unfolding climatic changes<sup>(1)(2)(3)</sup>. The research presented multiple policies to meet agreed standards for mitigating environmental impacts of food and fiber production<sup>(4)</sup>. Objectively quantifying the environmental impacts of agriculture is hence a fundamental requirement in research and for establishing protocols for the management of commercial production systems<sup>(2)</sup>.

Furthermore, at a global scale, Rockström and others<sup>(5)</sup> stated that there are high-risk zones for the Planetary Boundaries —limits within which it is expected that humanity can operate safely— in the biogeochemical cycles of nitrogen (N) and phosphorus (P), because of the growth of fertilizers' use in modern agriculture, among other sources.



Consequently, agricultural intensification through the subsidy of production systems with external nutrients inputs must be both questioned and properly evaluated. It is thus essential to understand the structural and functional relations between different components of agricultural production systems. It is also recognized that the quantification of environmental impacts at a national geographic level must consider the specific character-istics of agriculture and the whole production context in the country of concern<sup>(6)</sup>.

One of the principal agricultural sectors in Uruguay is the dairy industry, which involves 3,300 dairy farmers with an annual production of 2,200 million liters of milk<sup>(7)</sup>. The dairy industry is also essential for this country due to the labor involved, and the national and regional/rural income it generates. Thirty per cent of the industrialized milk is for internal consumption and 70% is destined for export, making Uruguay the seventh-largest milk exporter in the world<sup>(7)</sup>.

According to Uruguay's Ministry of Environment<sup>(8)</sup>, the agricultural sector is the largest contributor to greenhouse gases (GHGs) in the country, being nitrous oxide and methane the gases with the major contribution. In dairy farms, the carbon footprint is dominated by the agricultural production phase, with methane emissions coming mainly from rumen food fermentation, and nitrous oxide emissions from N excretion in urine and the application of N-based fertilizers<sup>(9)</sup>.

The evaluation of nutrients export from dairy farms to other ecosystems, such as watercourses, is essential<sup>(10)(11)</sup>. The environmental impact of dairy farms is a major contributor to the eutrophication of water systems —rivers, lakes and reservoirs—. This is the case, for example, in the Santa Lucía River Basin in Uruguay<sup>(12)</sup>. This large basin is the main source of the country's drinking water, and its contamination is partly associated with the historical presence of agriculture and intensive land uses in its catchment, since it is a dairy production predominant region<sup>(12)</sup>.

An agroecosystem sustainability approach is appropriate to address the nutrients' environmental impact of dairy farms to achieve a robust ecological foundation, using the ecosystem knowledge inherent to agroecology<sup>(13)</sup>. Furthermore, this approach considers the production variables and the system components in a holistic way<sup>(14)</sup>.

At the farm level, management practices interacting with diverse soil types, topography, climate, and hydrology create substantial spatial and temporal variation in nutrient pollution, requiring national-level evaluation<sup>(15)</sup>. At farms, the nitrogen (N) cycle has three main pathways for losses: nitrate (NO<sub>3</sub>) leaching, nitrous oxide (N<sub>2</sub>O) emissions, and ammonia (NH<sub>3</sub>) volatilization<sup>(16)</sup>. N losses to the atmosphere include N<sub>2</sub>O, NH<sub>3</sub>, nitric oxide (NO), and dinitrogen (N<sub>2</sub>)<sup>(17)(18)</sup>, with agricultural practices being a significant source of N<sub>2</sub>O emissions, especially from grazing animals<sup>(18)</sup>. Biological nitrogen fixation (BNF) by legumes is not a direct N<sub>2</sub>O source<sup>(6)</sup>, but N<sub>2</sub>O emissions can rise due to increased N fertilization and organic N mineralization<sup>(19)</sup>. In Uruguay, research shows that efficient fertilizer use in crops does not increase N<sub>2</sub>O emissions and minimizing fallow periods can reduce them<sup>(19)(20)</sup>.

Regarding P, this element is essential for plant growth, but its use in agriculture has increased dependency on finite global rock phosphate reserves, making reliance on inorganic fertilizers inefficient and costly<sup>(21)</sup>. P losses occur mainly through runoff and lixiviation, contributing to eutrophication of water bodies<sup>(21)(22)</sup>. Positive P balances result from surface fertilization and animal feed, leading to soil P stratification and potential runoff loss-es<sup>(23)(24)(25)</sup>. The legacy of P from historical fertilization practices slows water quality improvement<sup>(26)</sup>.

Farm nutrient budgeting is a suitable tool as a first approach to assess those minerals at the farm level. Carbó<sup>(27)</sup> and Gourley and others<sup>(28)</sup> consider that nutrient budget analysis enables to adjust the agriculture management practices for reducing nutrients losses to the environment and improving the monetary margins accruing to farmers. According to Eurostat<sup>(16)</sup>, the N and P budgets offer holistic indicators of the environmental



pressure of agriculture. The nutrient budget emphasizes understanding the nutrients' environmental outputs and partitioning the different losses pathways. A recent Uruguayan experience in effluent management evaluation incorporates the nutrient budget approach for five institutional dairy farms, including universities and research institutions<sup>(29)(30)</sup>.

In addition to supporting farmers' nutrient management decisions, the budgets can be valuable for informing policymaking and as regulatory tools per se<sup>(31)</sup>. Therefore, there is a need for prioritizing and focusing research on measures for mitigating N loss to enhance environmental and agricultural sustainability<sup>(32)</sup>. Similarly, Sharpley and others<sup>(33)</sup> stated that further research is required through modeling the P losses to water systems. For this reason, agroecosystems modeling can be a valuable approach to represent, analyze, and generate scenarios of farm-level components and interactions to consider sustainability<sup>(34)</sup>.

According to Railsback and Grimm<sup>(35)</sup>, Agent-Based Modeling (ABM) is a very useful instrument for representing complex agroecosystem possibilities and finding solutions related to environmental problematic situations. The system's approach of ABM is particularly convenient because farm nutrient pollution is a complex problem with many agents involved. Moreover, ABM enables modeling in both geographic space and time simultaneously.

In general terms, at farm level, improving nutrient use efficiency by animals is the most effective form of increasing productivity and decreasing environmental impact<sup>(36)</sup>. By restricting the nutrient surplus, the process of environmental losses decreases considerably<sup>(14)(37)</sup>.

In the above context, the research herein presented focuses on understanding which farming management practices maximize N and P utilization efficiency to reduce losses and negative impacts on the environment using nutrient budgets and modeling assessment. The approach is based on a dairy farm case study within the national productive, socio-ecological, and economic Uruguayan context.

# 2. Materials and Methods

This section presents the main characteristics of the case study and the two complementary methods applied. The methods analyzed a nutrient assessment focused on nutrient use efficiency for N and P (NUE and PUE, respectively) at the case study farm. The methods are: i) the static annual nutrient budget assessment, with farm scenarios changing main management variables, and ii) the dynamical, daily step Agent-Based Model (ABM) developed for the case study, which aims to evaluate dairy farm management practices that influence N and P dynamics, called Nitrogen Phosphorus Management (NPM).

## 2.1 Case Study

The focus of the case study is a real Uruguayan dairy farm, where the farmer (producer) keeps records of both management and productivity, what enabled to make the N and P budgets and to develop a reliable calibrated ABM for this case. The database analysis was complemented with interviews and farm's visits to gather further, required information. As is represented in **Figure 1**, the farm is located at the southern limit of the department of Soriano, Uruguay, in a historic dairy farm region —this means that the focus farm is situated in a Uruguayan representative dairy region<sup>(38)</sup>.

This dairy farm has produced artisan cheese since 1973, spanning several generations of the same family. Since its beginning, they have expanded the area, increased the number of cows, and boosted production volume. The family currently consists of five members, all of whom are involved in both farming and cheese production. In addition to the family owners, thirteen workers are employed in the dairy farm and cheese production.





Figure 1. Farm location<sup>(39)</sup>

The 2020 case study indicators summary is represented in **Table 1**, compared with INALE typology to establish a benchmark. It is situated in the Uruguayan typology groups with higher milk productivity, represented as the H1 and H2 groups. The difference between these groups is that H1 farms have a pasture intake minor to 3000 kg DM/ha affected by milking and dry cows, while H2 farms have a pasture intake of more than 3000 kg DM/ha<sup>(40)</sup>.

Table 1. Case study summary and	d comparison with typology
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	Case study	H1	H2
Milking and dry cows' number	343	460	367
milking cows' number	283	354	296
Milking:dry cow ratio	0.83	0.77	0.81
Milking and dry cows' area	214	491	306
Total area (ha)	261	883	569
Property (%)	46	37	46
Stocking rate (milking + dry cows per ha)	1.60	0.94	1.20
Individual yield (I/milking cow/d)	23.4	19.5	20.1
Land yield (l/ha/y)	11,439	5,132	5,916
Milk yield (l/y)	2,447,875	2,517,695	2,168,103
Milk yield (I/d)	6,707	6,898	5,940
Pasture intake by ha (kg DM/ha)	4,452	2,026	3,954
Silage intake by ha (kg DM/ha)	1,858	2,237	1,942
Concentrate intake by ha (kg DM/ha)	3,279	1,868	2,118
Pasture intake (kg DM/milking cow/d)	9.1	7.7	11.2
Silage intake (kg DM/milking cow/d)	3.9	8.5	5.5
Concentrate intake (kg DM/milking cow/d)	6.7	7.1	6.0
Total DM intake (kg DM/milking cow/d)	19.7	23.3	22.7
Proportion of pasture of milking cow diet (%)	46%	33%	49%
Proportion of silage of milking cow diet (%)	20%	36%	24%
Proportion of concentrate of milking cow diet (%)	34%	30%	26%

#### Source: INALE<sup>(40)</sup>

The farm under study can be considered a typical Uruguayan dairy farm because it is characterized by a pastoral-based diet, with grass and legume pastures as the main diet's components, and it is on a medium scale referring to the farm size in ha<sup>(3)</sup>.



The farm has an extension of 260.5 ha divided into two distinct areas that are in turn subdivided into multiple paddocks. The area used by the dairy cows is named *tambo* (milking yard) and has 126 ha. The other area of the farm is composed of four sectors used by the rest of the animals and has 134.5 ha (called "support area"). It is worth remembering that parts of the feed reserves (meadow bales) and concentrate (wet corn grain silage) are produced in the support area. Because of this, those feed reserves are considered inputs to the studied and modeled system. The *tambo* area and its paddocks are represented in **Figure 2**.



Figure 2. Tambo area and its paddocks(39)

The farm under study is part of a local group of dairy farms called "Los 30," located in the departments of Colonia, San José, and Soriano in a dairy region of Uruguay<sup>(41)</sup>. These dairy farms primarily produce artisan cheese, and the group is coordinated by an agronomist, a veterinarian, and a sociologist. This is an important point to highlight because the research involved communication with the farmers' group to support peer learning.

## **2.2 Nutrients Budgets**

To begin a nutrient assessment of the farm system, it's important to note that, unlike greenhouse gas emissions regulated by the IPCC, there is no international legal framework for N and P budgets<sup>(16)</sup>. Consequently, there is no standardized international terminology or methodology for developing nutrient budgets, leading to varying terms used by different authors. However, according to Gourley and others<sup>(31)</sup>, a nutrient budget is defined as "an accounting approach for nutrient inputs, stores, and outputs." Similarly, Cherry and others<sup>(14)</sup> describe nutrient budgeting as a valuable and straightforward tool for generating, analyzing, and evaluating farm inputs and outputs. Farm-gate budgets are the most common, as they are easier to calculate using available farmer data and reliable sources<sup>(14)</sup>.

In the case of N, it is generally accepted that the main entrance of this nutrient to the agroecosystem is N mineral fertilizer, fixation of atmospheric N by legumes and soil bacteria, deposition from the atmosphere, and livestock feed. There are also minor inputs such as animal bedding and seeds<sup>(16)</sup>. N is retained in animal products, milk and meat, crop products, and exported manure<sup>(16)</sup>. Furthermore, N outputs are the losses to the environment by volatilization, denitrification, and lixiviation. According to Eurostat<sup>(16)</sup>, gaseous losses occur from effluent and manure management systems (EMS) and paddock management.

In reference to P, the inputs are mineral fertilizer and livestock feed. Like N, the P outputs can be divided into animal products, crop products, and environmental losses<sup>(16)</sup>. Nutrient losses to the environment can be separated into punctual and diffuse losses. While punctual refers to the loss from the EMS, diffuse refers to the paddock losses<sup>(26)</sup>.



Based on the literature reviewed, the main inputs, outputs, and terms used for the nutrient budget developed in the present research are, as P and N input: mineral fertilizer, imported livestock feed, and BNF; and atmospheric deposition for N only. As N and P output we considered milk and meat production. For environmental N losses (at paddocks and EMS) we took into account the N<sub>2</sub>O direct losses, volatilization, and leaching. For P environmental losses we considered leaching for EMS, and particulate and soluble runoff at paddocks.

In our work, the nutrients budgets for 2020 were generated using the farm's records and bibliographic review. When using other research, assumptions were made to estimate the data needed to calculate the budget variables. The data, assumptions, and terminology used in the study are presented in **Table 2**.

Data	Unit	Source	Note
Land use	Hectares	(2021 conversation with Case Study Farmer; unreferenced)	Type and area for each crop. Crop and pasture rotation.
Mineral fertilization	Kg N/ha/year Kg P/ha/year	(2021 conversation with Case Study Farmer; unreferenced)	Average tambo: 93 kg N/ha/year and 0 kg P/ha/year.
Imported livestock feed	Kg/year	(2021 conversation with Case Study Farmer; unreferenced)	For the <i>tambo</i> budget, it is assumed that imported feed is from outside the system, and some proportion is from the rest of the farm area (according to farmer records). Also, it is assumed that bale is completely used in the year.
Fixation rate of N	Kg N/ha/year	INIA <sup>(42)</sup>	To calculate BNF. 30 kg N / ton DM of pasture
Atmospheric deposition	Kg N/ha/year	Paerl and others <sup>(43)</sup>	-
Milk production	Kg milk/year Kg milk/cow/day	(2021 conversation with Case Study Farmer; unreferenced)	-
Number of animals	Annual average per category	(2021 conversation with Case Study Farmer; unreferenced)	-
Cow DM intake	Kg DM/day	(2021 conversation with Case Study Farmer; unreferenced)	Cow diet per month
N and P on livestock feed: pasture, silage, and concentrate	Kg N/kg DM Kg P/kg DM	INIA <sup>(44)</sup>	-
N and P on milk	Kg N/kg milk Kg P/kg milk	(2021 conversation with Case Study Farmer; unreferenced)	N on milk = Protein milk/ 6.38 P on milk = 0.1%
N and P on meat	Kg N/kg milk Kg P/kg milk	NRC <sup>(45)</sup> NRC <sup>(46)</sup>	N cow live weight = 2.42% P on meat = 0.72%
N on animal excreta	Kg N/cow/day	IPCC <sup>(17)</sup>	Tier 2, equation 10.31. N is available in 25% of manure and 100% of urine
P on animal excreta	Kg P/cow/day	P excreta: P diet – P milk	
Proportion of time in paddock and in milking parlor	Hours per day	(2021 conversation with Case Study Farmer; unreferenced)	Dairy cows spend 4 hours per day in milking parlor and 20 in paddock. To calculate manure proportion and effluent generation
Conversion factor protein to nitrogen	-	INIA <sup>(42)</sup>	-
NUE and PUE	%	Aarons and others <sup>(47)</sup>	Animal nutrient use efficiency (%) = Milk nutrient / Nutrient Intake * 100
GIS	-	ArcMap 10.7.1(48)	Only for ABM. Farmer register implemented on ArcMap
Pasture's growth rate	Kg DM/day	Otero and Castro <sup>(49)</sup>	Only for ABM

## Table 2. Data for nutrient budget, ABM, and scenarios



Data	Unit	Source	Note		
Absorption of N and P by the plants	Kg N-P/ton DM	IPNI <sup>(50)</sup>	Only for ABM		
N total, N mobile, and N immobile	Kg N/year	Prado and others <sup>(51)</sup>	Only for ABM. N mobile: 100% urine + <sup>3</sup> / <sub>4</sub> of feces + fertilizer. N immobile: <sup>1</sup> / <sub>4</sub> of feces + BNF		
N OUTPUTS: Effluen	t and Manure manag	ement			
N <sub>2</sub> O Direct	Kg N/year	IPCC <sup>(17)</sup>	Tier 3, equation 10.25		
Volatilization	Kg N/year	IPCC <sup>(17)</sup>	Tier 1, equation 10.26		
Leaching	Kg N/year	IPCC <sup>(17)</sup>	Tier 1, equation 10.27		
N OUTPUTS: Paddoo	ck				
N <sub>2</sub> O Direct	Kg N/year	Rochette and Janzen <sup>(6)</sup>	Tier 1, equation 11.1		
Volatilization	Kg N/year	Rochette and Janzen <sup>(6)</sup>	Tier 1, equation 11.9		
Leaching	Kg N/year Rochette and Janzen <sup>(6)</sup>		Tier 1, equation 11.10		
P OUTPUTS: Effluen	t and Manure manage	ement			
Leaching Kg P/year As		Assumption	Assumption: 20% of the P into the effluent management system is leached in the year due to the condition		
P OUTPUTS: Paddoo	ck				
Particulate P	Kg P/ha//year	Perdomo and others <sup>(25)</sup>	Calculated using the P index. Enrichment Index: 1.5; total phosphorus: 450 mg/kg soil; erosion: 4.7 and 6.3 Mg soil/ha/year		
Soluble P	Kg P/ha//year	Perdomo and others <sup>(25)</sup>	Calculated using the P index. Runoff: 360 (Inumet); CPS: 1.43 <sup>(24)</sup>		
Erosion	Mg soil/ha/year	Erosion 6.0 <sup>(52)</sup>	Using the program Erosion 6.0 (FAgro, Udelar) for the case study farm situation: <i>Tamb</i> o: 4.7 Mg soil/ha/year		
P Soil analysis	ppm Pbray	(2021 conversation with Case Study Farmer; unreferenced)	Average tambo 41 ppm Pbray		

To evaluate productive alternatives and their impact on nutrient budgets, some management scenarios were discussed and validated with the farmers' group in two online meetings held in 2021. The research formulated three farm management scenarios to evaluate possible alternatives and solutions to the problem situation with the nutrient budget method. These scenarios intend to answer the questions: which is the impact of the different dairy farm management practices on the nutrient dynamics, and how those practices can reduce nutrient losses to the environment?

The management scenarios evaluated in the research are:

1) *BNF-land use*: BNF drops 20% compared with current situation; 17 ha of Leguminosae crop area is replaced by Festuca fertilized with the same farmers criteria.

2) *Dairy cows' feed*: Pasture 56%, Silage 20%, Concentrate 24%, 10% increment on pasture intake. Same silage intake. 10% decrease in concentrate intake.

3) *Stocking rate*: Number of dairy cows drops 20%. Assumption: Reduction to 80% milk production and total dairy cows feed compared to the current situation.

It is important to note that the annual nutrient budget for current situation and scenarios are a static approach. Therefore, ABM provides a complementary method to recreate dynamically both the spatial and temporal distribution of N and P on the farm, linked with farmers grazing and feeding management practices.



## 2.3 NPM Agent-based Model

The ABM simulation was developed on the NetLogo platform version 6.2.<sup>(53)</sup>, a multi-agent programmable modeling environment suitable for modeling complex systems.

The development of the model in the case study was also based on the register's records provided by the dairy farmer and from literature review. It was adjusted using the nutrient budget previously described (see Section 2.2). The objective of building the ABM is to dynamically recreate as well as to explicitly represent the spatial distribution of N and P across farm paddocks, as well as the EMS. This model helps to visualize annual dynamics that cannot be captured by the nutrient budget methodology previously described.

The farmer's registers and monitoring corresponded to year 2020, which included (on a monthly scale) the number of animals, milk composition and production, diet profile (proportion of pastures, reserves, and concentrates), and land use (paddock land use records). Only the pasture area of the case study was modeled (see 2.1 section). The central dynamics of feeding, grass management, and milking in the ABM carried out a daily step (see **Table 2**).

The allotment of animals to paddocks was discussed and validated with the farmer as the main grazing decision rule. The ABM was implemented assigning the animals to the pasture paddock (set of patches at the ABM) with the highest average biomass, keeping the cows in that paddock up to a remnant of 1500 kg DM/ha. The animals consume the DM of each diet component according to the monthly diet profile records provided by the farmer. N and P excretes at each step were proportionally assigned to time spent at pasture paddocks and milking parlor (20 h/24 h, and 4 h/24 h, respectively). The ABM model calculates daily the N and P budget for each patch. Also, the different pastures have an individual daily growth rate, and have a protein (N) and P content. The farmer provided the soil P content by soil analysis information that was used at initialization, as described below.

The ABM is presented in the next paragraphs, as suggested by Grimm and others<sup>(54)</sup>, using a summarized version of ODD (Overview, Design concept, and Details) protocol:

*Purpose* - The overall purpose of the NPM model is to evaluate dynamically dairy farm management practices that influence N and P budget and its spatial distribution. Specifically, the model addresses the following questions:

• According to farming practices in the case study, which is the spatial and temporal pattern of nutrients at the modeled system?

• Which is the contribution of each nutrient budget component (excreta, paddock environmental losses, effluent environmental losses, and biological N fixation) to whole system results?

*Entities and states variables* - The model includes the following entities: Patch, Cow, EMS. The Entities and States Variables of NPM are described in **Table 2**. The spatial and temporal resolution and extent: a time step in the model represents one day, and the simulation can be for the year of evaluation, emulating the 2020-year farm performance. NPM model is spatially explicit and represents the area of the dairy farm case study. Simulations are based on 13 paddocks with different extents each, representing a total area of 126 hectares. The landscape or "world" is a grid of 50×20 patches with 2600 m<sup>2</sup> each, but only 846 patches represent the *tambo* area, to fit to GIS information provided by the farmer.

*Process overview and scheduling* - The core process of the NPM model is the nutrient budget in each patch. This process is repeated every time step and is based on these other processes: pastures growth according to sown species, nutrients dynamics and presence, and permanence of cow in the patch. It is important to high-



light that the NPM model represents the scale of colors according to the variable value of each patch, which helps state visualization. Also, the interface represents the patches average variable value of the same paddock, as presented in the Results section.

Scheduling is very significant in the NPM model because it represents the farmer management. The scheduling refers to number of dairy cows, milk production and composition, dairy cows' diet, fertilizer application, and pasture growth rate, according to farmer registry information.

Design concepts - The most important design concepts of the model are:

• Objective: The design model objective is to represent the farm case study, using GIS and land use information.

• Observation: The number of cows, the animal diets levels, the cow's production, and the total amount of biomass in each paddock are recorded daily.

• Communication: The main communication variables are represented in the model interface. Its interface includes the use of "on/off switch" from each nutrient budget component, the N and P use efficiency (NUE and PUE, respectively) graphs, and the dynamics of the N and P separately in paddock and EMS. The interface represents in a color scale the values of the main variables of N and P dynamics. These specific design aspects are to facilitate collective learning and communication between farmers, researchers, and other actors.

• Interaction: There exist two kinds of interactions: cow-patch and cow-EMS.

• Stochasticity: By default, there is no stochasticity. When initializing, there are variables generated with random values like initial DM availability of paddocks.

• Adaptation: Cows react to decreasing pasture biomass levels in paddocks by being less attracted to them, and after a limit level, they move to another paddock with more biomass.

*Initialization* - The NPM model is initialized with the information provided by the farm, like the land use and the number of dairy cows (see **Table 2**). Also, it is essential to highlight that the GIS is included in the initialization. Furthermore, the simulations were set to start on 1<sup>st</sup> March.

*Input data* - Model dynamics are driven by input data representing data from different sources, including extensive literature review and data from the farm case study. The data from the model development is described in **Table 2**.

# 3. Results

This section presents results of i) the annual nutrient budget of the *tambo* area under current management compared with the three scenarios previously defined, and ii) the dynamical space-time explicit simulations of nutrient stocks and flows generated by the NPM tool.

## 3.1 Nutrient Budgets

Starting with N annual budget, **Table 3** summarizes the N annual budget for *tambo* paddocks considering the year 2020 information.



	NITROGEN								
INPUTS			OUTPUTS						
Mineral fertilizer	11,667		Milk	14,041					
Imported feed	26,146	EMS:							
BNF	15,449		Direct	80					
Atmospheric deposition	618		Volatilization	2,609					
			Leaching	161					
		Paddock:							
			Direct	339					
			Volatilization	9,713					
			Leaching	13,913					
Total kg	53,880		Total kg	40,857					
Total kg/ha	428		Total kg/ha	324					

#### Table 3. Tambo annual N budget

As shown in **Table 3**, the N inputs are divided into mineral fertilizer, imported livestock feed, BNF, and atmospheric deposition. Considering the proportion of these N inputs, where the main N inputs are the imported livestock feed (48%), the second most important is the BNF (29%), thirdly the mineral fertilizer (22%), and the contribution of atmospheric deposition is minor (1%).

The analysis of N outputs in the dairy farm nutrient budget indicates that 66% of the N leaving the system is retained in milk, while the remaining 34% corresponds to environmental losses. Furthermore, the *tambo* pad-docks' environmental N outputs can be considered losses divided into paddock and EMS losses.

Regarding the P budget from the *tambo* paddocks, **Table 4** summarizes the annual results.

## Table 4. Tambo annual P budget

PHOSPHORUS									
INPUTS		OUTPUTS							
Mineral fertilizer	0		Milk	2,448					
Imported feed	4,437	EMS:							
			Leaching	161					
		Paddock:							
			Particulate P	395					
			Soluble P	648					
Total kg	4,437	Total kg		3,653					
Total kg/ha	35	Total kg/ha		29					

Since the farmer did not apply P fertilizers to the paddocks in 2020, the only P inputs corresponded to imported livestock feed; unlike N, no other forms of inputs were identified. This critical point is explained in the Discussion section. Approximately two-thirds of P outputs are in milk, and the balance one-third consists of environmental outputs.

Considering the system N outputs proportion, classified as volatilization, lixiviation, and direct N<sub>2</sub>O nutrient losses, it represents 81.9%, 5.3%, and 2.7%, respectively, for Paddocks (being 89% of total N system outputs); and 4.5%, 6.4%, and 0.1% for EMS, respectively, (being 11% of total N outputs). For P environmental



losses, paddocks have 53.9% of soluble and 33.1% of particulate P runoff, totalizing 87% of environmental losses. The remaining 13% corresponds to EMS direct losses to the environment.

The next section shows the result of the management scenarios in the nutrient budget methods. As was explained before, the management alternatives were discussed and validated with the farmers' group.

## 3.2 Nutrient Budgets with Different Management Scenarios

**Table 5** summarizes how the farm management scenarios assessed impact nutrient inputs, outputs, and cow's nutrient efficiency.

Scenario:	Current situation	1	2	3
		NITROGEN		
Total inputs kg/ha	428	415	337	386
Total outputs kg/ha	324	329	326	269
Milking cows NUE	24%	24%	24%	21%
		PHOSPHORUS		
Total inputs kg/ha	35	-	26	28
Total outputs kg/ha	29	-	29	25
Milking cows PUE	33%	-	36%	30%

#### Table 5. Farm management practices scenarios

Scenario 1 – Land use: Represents the change in land use (see **Table 6**). This modification of land use does not change the NUE but changes the dairy system's N inputs and outputs. The proportion of N inputs varied compared with current situation, being 50% for imported livestock feed, 25% for mineral fertilizers, 24% for BNF, and 1% for atmospheric depositions. The proportion of mineral fertilizer increased and the N fixed by the Leguminosae decreased. In addition, the environmental N outputs increment 560 kg N/year (see **Table 6**).

Table 6. Annual N and P budgets at Scenario 1 - Land use

NITROGEN					PHOSPH	IORUS			
INPUTS		OUTPUTS		OUTPUTS		INPUTS		OUTPUTS	
Mineral fertilizer	13,222	Milk	14,041	Mineral fertilizer	0	Milk	2,448		
Imported feed	26,146	EMS:		Imported feed	4,437	EMS:			
BNF	12,359	Direct	80			Leaching	162		
Atmospheric deposition	618	Volatilization	2,609			Paddock:			
		Leaching	161			Particulate P	395		
		Paddock:				Soluble P	648		
		Direct	354						
		Volatilization	9,885						
		Leaching	14,286						
Total kg	52,345	Total kg	41,417	Total kg	4,437	Total kg	3,653		
Total kg/ha	415	Total kg/ha	329	Total kg/ha	35	Total kg/ha	29		

Scenario 2 - Type of diet: Refers to the cow's diet proportion of pasture, supplement, and concentrate. As shown in **Table 7**, while the NUE maintains the current situation value, the PUE increases 3% compared to the



current PUE. Furthermore, in this management scenario, the N input drops by 50 kg N/ha and the N output increases by 2 kg N/ha. Also, the proportion of N inputs changes because the imported livestock feed decreases compared with the current farm situation. At this scenario, N inputs proportion is 42% for imported livestock feed, 32% for mineral fertilizer, 25% for BNF, and 1% for atmospheric depositions.

The P input drops by 9 kg P/ha, and the P outputs maintain the same value per hectare. However, the farm P environmental outputs (kg/year) change in the value of the punctual losses of the EMS (see **Table 7**).

NITROGEN				F	HOSPH	ORUS			
INPUTS		OUTPUTS		OUTPUTS		INPUTS		OUTPUTS	
Mineral fertilizer	11,667	Milk	14,041	Mineral fertilizer	0	Milk	2,448		
Imported feed	19,809	EMS:		Imported feed	3,307	EMS:			
BNF	15,449	Direct	81			Leaching	146		
Atmospheric deposition	618	Volatilization	2,633			Paddock:			
		Leaching	162			Particulate P	395		
		Paddock:				Soluble P	648		
		Direct	340						
		Volatilization	9,789						
		Leaching	13,999						
Total kg	47,543	Total kg	41,045	Total kg	3,307	Total kg	3,637		
Total kg/ha	337	Total kg/ha	326	Total kg/ha	26	Total kg/ha	29		

Table 7. Annual N and P budgets at Scenario 2 - Diet

Scenario 3 - Stocking rate: Refers to a decrease of stocking rate, showing that the total N output is lower because not only the N on milk decreased, but also the environmental N losses did (see **Table 8**). Still, the P outputs decreased due to the lower milk production. Moreover, this scenario covers a lower effluent generation due to the stocking rate reduction (see **Table 8**).

## Table 8. Annual N and P budgets at Scenario 3 - Stocking rate

NITROGEN				P	HOSPH	ORUS			
INPUTS		OUTPUTS		OUTPUTS		INPUTS		OUTPUTS	
Mineral fertilizer	11,667	Milk	11,233	Mineral fertilizer	0	Milk	1,958		
Imported feed	20,917	EMS:		Imported feed	3,550	EMS:			
BNF	15,449	Direct	64			Leaching	130		
Atmospheric deposition	618	Volatilization	2,087			Paddock:			
		Leaching	128			Particulate P	395		
		Paddock:				Soluble P	648		
		Direct	307						
		Volatilization	8,027						
		Leaching	11,986						
Total kg	48,650	Total kg	33,834	Total kg	3,550	Total kg	3,131		
Total kg/ha	386	Total kg/ha	269	Total kg/ha	28	Total kg/ha	25		



Since the nutrient budget method has an annual time scale and does not represent dynamical interactions between system components, the following section analyzes the nutrient flows in a dynamic way only for the current farm situation by agent-based approach.

## 3.3 Agent-Based Model NPM

Before examining the different model nutrient dynamic results, it is fundamental to understand how the NPM model represents the dairy farm case study. **Figure 3** (screen capture at model initialization stage) shows that the NetLogo interface displays the dairy farm paddocks with their name using the GIS information provided by 2021 conversation with Case Study Farmer. The milking parlor (red house) is situated in its actual place and the cows are in the paddock at initialization. In addition, **Figure 3** includes the interface generated graphs for monthly cow number, milk production and protein, and cow intake across the year simulated.



Figure 3. NPM model at initialization stage. At worlds view the paddock identification is labeled at the centroid of each one<sup>(53)</sup>

Considering the cows' nutrient use efficiency calculated by the model simulation, **Figure 4** shows that there has been an intra-annual variation in the NUE and PUE across the year 2020 simulation. Both curves had a gradual increment in the first trimester and then a diminution of the efficiency in the last months of the simulated year. The month variation is associated with the different monthly diets and the milk production in volume and in protein concentration (see graphs at **Figure 3**; milk protein and intake).



Figure 4. Cows' nutrient use efficiency



The cows' nutrient use efficiency (**Figure 4**) presents monthly variations along the year, according to the animals' diet profile and milk production and composition. The annual average and standard deviation were  $24.6\% \pm 1.7\%$  and  $32.9\% \pm 1.7\%$  for N and P, respectively, reaching a maximal value of 27.6% for NUE in October and 34.5% for PUE in June.

Figure 5 shows N budget evolution at the paddocks at different land uses across the year simulation.



Figure 5. Paddocks N budget (kg/ha)

As shown in **Figure 5**, N accumulates in paddocks throughout the year, particularly in prairies older than one year, which were grazed more frequently than annual forage crops and prairies established in 2020. The average paddock accumulated 98.7 kg N/ha, predominantly attributed to the immobile fraction. Extreme values ranged from a minimum accumulation of 33.7 kg N/ha in annual forage crops to a maximum of 100.9 kg N/ha in second-year prairies.

The environmental losses fractions are presented in Figure 6.



Figure 6. Paddock environmental N loses (kg/ha)

As shown in **Figure 6**, volatilization and leaching are the main environmental outputs. Annual dynamics of environmental losses represent mainly fertilization events according to farmer's scheduling linked to land use



and animals' diet profile. For example, in June, the highest pick of volatilization and leaching occurs when farmers fertilize 56% of the area (on annual grass crops and 2-, 3-, and 4-year old prairie paddocks) with an average of 41.2 kg N/ha.

On the other hand, the accumulation of N at the EMS presented a barely linear increment over the 2020-year simulation (EMS N kg = 20.499 \* day - 214.83; R<sup>2</sup> = 0.9966), reaching 6975 kg N/year with a proportion of 70-30% for mobile and immobile fractions, respectively.

Related to P dynamics at paddocks, **Figure 7** shows soil P content and particulate and soluble environmental losses evolution across the yearly simulation.



Figure 7. Soil P content (ppm) indicating particulate and soluble P soil levels

**Figure 7** shows a relative constant quantity of that nutrient across the 2020-year simulation, averaging 40.3 ppm in soil. Even if the farmer decides not to fertilize with P, cows' deposition compensates pasture extraction for growing. The 60-day simulation presents a fall in P soil content, reaching 39.4 ppm, but it represents less than 1.5% of difference with initial soil P concentration.

Regarding P accumulation at the EMS, it presented a linear increment (EMS P kg = 1.968 \* day - 35.18; R<sup>2</sup> = 0.9925), reaching 664.4 kg P/year, and its loss to the environment by leaching totalized 166.1 kg P/year.

As was pointed out, ABM allows the spatialization of complex system dynamics. **Figure 8** illustrates the soil P dynamic, including the initial (upper) and final (lower) soil P situation after one year of simulation. The model interface represents the P soil change by color, and the graphs allow the understanding of the spatial distribution in the ground.

As shown in **Figure 8**, spatial distribution of P is influenced by paddocks' soil use and grazing strategy. Since farmer did not apply P fertilizer in 2020, and there is no biological fixation for P either, only forage P absorption and environmental losses by lixiviation are considered as outputs at patch budget assessment. The initial average P soil analysis of 41 ppm with spatial heterogeneity was recorded by farm soil analysis and the variation across the simulated year. While only considering cows' excretion, the soil P average value increases across the year adding 7 ppm to initial soil content. Nevertheless, at the full paddock budget, the P soil concentration is relatively stable across the year simulation (see **Figure 7**).

Spatial heterogeneity of P soil in the system is explained by cows grazing sequence, leaded by the enteringleaving paddock criteria defined at 2.3 section. Prairies of 2- and 3-year sown were more frequently grazed



due to its DM availability. The soil P in paddock with those frequently used land use reached 58 ppm at simulation considering only cows' excretion.



Figure 8. Initial (upper) and final (lower) Paddock P content (ppm) across yearly simulation

Regarding N simulated dynamics, Figure 9 illustrates paddock N budget.



Figure 9. Paddock N accumulation (kg/ha) across yearly simulations

The paddock colors (**Figure 9**) show the value of N on soil —the darker magenta, the higher level of N—. As for P nutrient, the spatial heterogeneity of N in the system is explained by grazing circuit in both partial and complete budgets. The more frequently grazed paddocks (2 and 3-years old prairies, see **Figure 5**) presented the highest values of N budgets. For those more frequently grazed paddocks, the accumulation was 245 kg N/ha only by cows' depositions, and 98 kg N/ha in the complete budget simulation. In average terms, considering only cows' excretion at paddock budget, the N content reached 152.2 kg N/ha, whereas in the complete



budget it reached 60.7 kg N/ha. It is worth mentioning that, different from the P analysis, the initial N on soil assumed in this simulation is 0. This means that values at **Figure 9** represent cumulated N at paddocks, since all of them finalize simulations with large and positive values.

# 4. Discussion

The results of the analyses of the typical Uruguayan dairy farm in the nutrient budgets produced values similar to regional and European research. Carbó<sup>(27)</sup> showed nutrient budget values related to N and P per hectare (value = inputs - outputs) of 121.5 kg N/ha/year and 18.3 kg P/ha/year —results very similar to those presented in this work—. Similarly, other research by van Leeuwen and others<sup>(55)</sup> reported five pasture-based dairy farms with inputs and outputs values similar to those obtained in the Uruguayan dairy farm case study. This suggests that the methodology used in our work produces common dairy farm values. However, it is essential, when comparing results with similar research, to consider the farm's productive reality and the local production conditions. In this context, Stirling and others<sup>(56)</sup> showed that the Uruguayan dairy systems evaluated maintained an N surplus of 71 kg N ha-1 between 2014 and 2019. Furthermore, Lizarralde's<sup>(9)</sup> research in Uruguay produced similar values for nitrous oxide emissions from the effluent management system and N excreted per cow per year. According to a summary of studies from New Zealand, France, the United Kingdom, and Denmark<sup>(57)</sup>, the leaching found in that summary is similar to the value for the N input level of the case study farm.

Considering the P dynamics, in this work the soluble fraction losses from the paddock were more significant than the particulate losses. Similarly, De Lucca<sup>(24)</sup> demonstrated that the most considerable P losses proportion was in the soluble fraction in all the treatments evaluated. In both the present research and De Lucca's<sup>(24)</sup>, the USA soluble limit was exceeded in all treatments, including the non-application (1 kg soluble P ha-1 year-1).

The P index (the sum of soluble and particulate P) helps to evaluate the management area level and identify the area with the highest contribution of  $P^{(25)}$ . While the P index can be conceived as a static value for the current situation, the P budget can be analyzed as a measure of direction, because it involves more variables.

Regarding NPM model, according to Wedderburn and others<sup>(58)</sup>, the ABM allows the exploration of farm systems' behavior. The NPM model developed and applied in our research allowed visualizing the farm heterogeneity between the different paddocks. It was also possible to evaluate the nutrient dynamics depending on land use and time of cow grazing. The spatialization of the NPM model is beneficial to analyze the different management decisions. Similarly, Veltman and others<sup>(59)</sup>, using a process-based model for a dairy farm, proved that reducing the N and P environmental losses across beneficial management practices is possible.

According to the NPM model, in the case study farm, soil P levels could be maintained even without fertilizer application, due to the contribution from cow excreta, as demonstrated in the "cow excreta only" simulation. In the same way, De Lucca<sup>(24)</sup> demonstrated that P soluble losses exceed desirable limits in the non-application treatment. The high P exportation suggests that it is necessary to introduce other management alternatives apart from not fertilizing. Because of that, to reduce the level of P on soil in the medium term, it is required to apply different management practices depending on the specific soil P level and the soil stratification. For example, it is possible to incorporate extractive plant species in terms of nutrients and export them in forage or grain. Moreover, if the stratification level is high, periodic soil inversion is recommended to break P<sup>(26)(60)</sup>.

Animal nutrient use efficiencies based on dietary nutrients and nutrients in milk are beneficial to compare the potential for environmental impact. According to literature<sup>(14)(15)(37)(56)(61)</sup>, improving cows' NUE and PUE is the most effective form of increasing productivity and decreasing environmental impact. According to a study by Aarons and others<sup>(47)</sup>, a case study farm with a NUE of 24% is in the range of commercial dairy farms. Fur-



thermore, Powell and others<sup>(62)</sup> found a NUE of 24% for a similar stocking rate, whilst Aarons and others<sup>(47)</sup> reported an average of 21% NUE. Furthermore, the present work found a PUE of 33% for the current farm situation, which according to Aarons and others<sup>(47)</sup> is in the expected range. Related to the NUE, it is necessary to adjust the cow's diet to the protein required. This means changing the N intake in the diet because the higher the N losses to the environment.

Regarding the farm management scenarios, according to Darré and others<sup>(3)</sup>, factors related to grazing system, land use, type of diet, and number of inputs can be more relevant in determining the environmental impacts of dairy systems than productivity per se. These management factors are referred to the scenarios evaluated in this work.

Lemaire and others<sup>(63)</sup> analyzed management situations to minimize trade-offs between farm production and the environment, stating that an overly uniform land-use system and the excessive N-P loads in intensive animal areas lead to unacceptable environmental impacts. The present work's results similarly showed that the current situation of the dairy farm's high stocking rate can be partly responsible for high N and P losses to the environment.

Regarding the nutrient budgets with different management scenarios, the Scenario 3 tried to understand how a lower stocking rate impacts the results —it showed lower environmental outputs—. Predominantly, they are expressed in paddock and effluent N losses. In the case of P, the reduction is only in the effluent losses, probably because it is not possible to see an influence on paddock losses due to the limitations of the nutrient budget approach. The reduction in environmental losses is mainly due to the lower generation of excreta due to fewer cows, as was stated in the bibliography<sup>(22)(61)</sup>. Additionally, the NPM model is beneficial for evaluating and understanding the excreta impact on the paddock, spatially explicit.

In Scenario 1 of land use, because of the reduction of Leguminosae, the proportion of the inputs changed, reducing the BNF and increasing the inputs that affect the environment and cost money to purchase, like mineral fertilizer. In a similar study, Garcia and others<sup>(64)</sup> concluded that Leguminosae in the pastures can significantly reduce the farm N inputs, and increment the N availability for the grass, nutrient cycling, and ecosystem services. Rochette and Janzen<sup>(6)</sup> also claimed that BNF is not considered a direct source of N<sub>2</sub>O emissions. Furthermore, this scenario showed that the BNF does not generate environmental losses and reduces mineral fertilizer use. Although the total input of N into the system decreases 1535 kg N, this input reduction is in BNF, and the farm loses autonomy to external nutrient inputs<sup>(65)</sup>.

Turning to the cow's diet, some research suggests the diet strongly influences environmental losses <sup>(3)(10)(15)</sup>. What is more, Aarons and others<sup>(47)</sup> stated that imported animal feed is a more significant source of nutrients than fertilizer inputs. This means that the proportion of pasture versus concentrated feeding in the cow's diet defines the possible farm nutrient losses<sup>(3).</sup> Furthermore, according to Ryan and others<sup>(15)</sup>, the more kilograms of concentrates in the diet, the higher N is available for leaching. In Scenario 2 in the present research, the reduction of concentrates on the cow's diet reduces the P outputs in the punctual losses of the effluent management. This reduction is because the animal produces a lower P on excreta with the new diet. Furthermore, it is not possible to evaluate the change of P diffuse losses of the paddock because the nutrient budget approach is not sensitive to that change.

The scenarios evaluated in this work show the same NUE value previously described, except for Scenario 3, which reduces 3% because of a probable limitation in the calculation methodology. In the case of PUE, when the cow's diet was less concentrated (Scenario 2), it was transformed to 36%, being the dairy cows more efficient in converting the P feed into milk. Besides, in the fewer stocking rate of Scenario 3, the PUE was 30%. It



is essential to highlight that the scenarios' applicability to the NUE and PUE analysis is limited because of the scenario's methodology used and their impact on the nutrient budget.

# 5. Conclusions

This study offers new insights for enhancing the sustainability of dairy farming in Uruguay through improved nutrient management. By analyzing a typical Uruguayan dairy farm, the research highlights key strategies for maximizing nutrient efficiency and minimizing environmental impact. The key findings of this work are presented below.

-Reducing reliance on external livestock feed, such as grain or silage, and increasing the proportion of grazing in cows' diets can significantly lower environmental impacts. However, it is crucial to optimize the cows' diet, particularly in terms of protein levels. As discussed with farmers, some analyses like milk urea nitrogen status and diet adjustment to avoid protein overfeed by periodic feed sampling and analyses can be quotidian and effective tools to adjust nutrient demand.

-Excessive phosphorus (P) accumulation in soils presents a persistent challenge. This study indicates that ceasing P fertilization alone is insufficient to reduce soil P levels, given the contributions of dietary phosphorus and stocking rates.

-Increasing the time animals spend in pastures and reducing the time in milking parlors and on roads can enhance the role of cow excreta as a natural fertilizer, reducing the need for external nutrient inputs and minimizing effluent losses.

For future research, expanding the application of the NPM model to the entire farm area could provide a more comprehensive understanding of nutrient flows and management strategies across diverse pasture conditions and animal densities.

Testing the management scenarios evaluated in the NPM model in real-world settings would further validate the model's effectiveness.

Long-term simulations, as suggested by the case study farmer, could offer deeper insights into the sustainability of various management practices and improve decision-making for dairy farmers.

In a broader implication, this research underscores the importance of farmer-researcher collaboration, which enhances both the practical relevance of scientific findings and the farmers' understanding of environmental issues. The NPM model has proven to be an effective tool for facilitating this collaboration and supporting sustainable management decisions.

Although focused on a Uruguayan case study, the methodologies and findings presented herein are broadly applicable to other regions, providing a valuable framework to make progress in sustainable agricultural practices globally.

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## Transparency of data

The entire data set that supports the results of this study was published in the article itself.

## Author contribution statement

FD: Conceptualization; Supervision; Model development; Data curation; Writing - review & editing

RF: Conceptualization; Supervision

VS: Conceptualization; Supervision

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